



Sample Itinerary

Mountain Trekkers – Boys Program – Rock Camp

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1pm arrival Opening circle & gear up Shuttle to Spruce Knob Mountain Center Dinner & campfire at the yurts	Breakfast at the yurts Intro to karst topography Caving	Caving continued Stewardship Project Backpack to camp	Stewardship project Survival Skills Stargazing	Orienteer to highest point in state Fossils, mountain formation, bouldering Sunset on the summit	Top rope climbing and rappelling Showers Dinner at the yurts	Breakfast at the yurts Clean & de-issue borrowed gear 11:30 am departure
Dorms	Sleep in cave	Primitive campsite	Primitive campsite	Primitive campsite	Dorms	

*Daily schedule and activities subject to change