

Nut Free Policy

Many of our guests have severe or potentially life-threatening allergies to nuts. Our Spruce Knob Mountain Center is a completely nut-free facility in order to minimize the risk of exposure for these visitors. We do not knowingly purchase products containing nuts or nut by-products (nut-based flours, oils, etc.). We also do our best to ensure that all kitchen surfaces, cookware, and dishes are clean and free of allergens through routine and thorough cleaning procedures. While we make every effort to maintain a nut-free facility, we cannot be responsible for others' adherence to our policy. **As a visitor to SKMC, or our programs, we respectfully request that you and your students not bring nuts or any other products containing nuts.**

If you or one of your children does possess a potentially life-threatening nut allergy, please contact the program manager to coordinate specific food concerns. Sometimes it is necessary for participants to supplement with their own snacks and pre-prepared foods as a safety precaution.